

Welcome! Cammeray Yoga is a collective of passionate & experienced independent teachers. Classes at the Cammeray studio are bookable direct with the teacher in the timeslot you are interested in. For all enquiries and bookings, please click on the relevant teacher's clickable link. Unless specified, bookings are essential for all classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
AM	<p>9:30 - 10:45am General Class with Ute Bookings: CONTACT</p> <p>Last class 18th December,</p> <p>Resuming 22nd January 2024</p>	<p>9:30 - 10:45am General Class with Ute Bookings: CONTACT</p> <p>Last class 19th December, resuming 23rd January, 2024</p> <p>11:30am- 12:30pm Yoga in Japanese With Kasumi Bookings: CONTACT</p>	<p>9:30am- 10:30am Morning Pilates With Robyn & Kellee Bookings: CONTACT</p> <p>No class 27th December</p> <p>Then classes resume January</p>				<p>Drop-in Class! 7:30am – 8:45am Saturday Morning Yoga With Michael , Ute, Rosie & Annie of The Yoga Institute Every Saturday unless specified</p> <p>WHO IS MICHAEL? WHO IS ROSIE? WHO IS UTE? WHO IS ANNIE? \$25, no booking required,</p> <p>Last class of 2023 is Sat 16th December</p> <p>Returning in 2024, stay tuned!</p>	
PM	<p>6:15pm- 7:15pm Yoga in Japanese With Kasumi Bookings: CONTACT</p> <p>7:30pm- 8:30pm General Class With Rosie Bookings: CONTACT</p> <p>Returning in 2024, stay tuned!</p>	<p>6:00pm- 7:15pm Physio-Yoga With AJ Bookings: CONTACT</p> <p>Last class 19th December</p> <p>Resuming 16th January 2024</p>	<p>6:45pm- 8:15pm Introductory Biodanza With Heleen CONTACT</p> <p>Last class 13th December</p> <p>New 8-week term starts 7th February, 2024</p>				<p>Special event! 4:00pm- 5:30pm Kirtan Chanting With Madeline and Love, Peace, Harmony group 3rd December BOOKING</p> <p>4:30pm- 6:00pm Biodanza With Heleen 17th December Bookings: CONTACT</p>	