

Welcome! Cammeray Yoga is a collective of passionate & experienced independent teachers. Classes at the Cammeray studio are bookable direct with the teacher in the timeslot you are interested in. For all enquiries and bookings, please click on the relevant teacher's clickable link. Unless specified, bookings are essential for all classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	<p>9:30 - 10:45am General Class with Ute Bookings: CONTACT</p>	<p>9:30 - 10:45am General Class with Ute Bookings: CONTACT</p> <p>11:30am-12:30pm Yoga in Japanese With Kasumi Bookings: CONTACT</p>	<p>9:30am- 10:30am Morning Pilates With Robyn & Kellee Bookings: CONTACT</p>	<p>9:30am- 10:30am Morning Yoga With Natasha Bookings: CONTACT</p>		<p>Drop-in Class! Saturday Morning Yoga With Michael , Ute, Rosie & Annie of The Yoga Institute Every Saturday unless specified</p> <p>WHO IS MICHAEL? WHO IS ROSIE? WHO IS UTE? WHO IS ANNIE? \$25, no booking required,</p>	
PM	<p>6:15pm- 7:15pm Yoga in Japanese With Kasumi Bookings: CONTACT</p> <p>7:30pm- 8:30pm General Class With Rosie Bookings: CONTACT</p>	<p>6:00pm- 7:15pm Physio-Yoga With AJ Bookings: CONTACT</p>	<p>6:45pm- 8:15pm Introductory Biodanza With Heleen CONTACT</p>		<p>Special Event! 6:00pm – 8:30pm Community Kirtan Chanting With Maddy, Karuna & Jo BOOKINGS 1st December</p>		<p>4:30pm- 6:00pm Biodanza With Heleen Bookings: CONTACT 5th November 26th November</p>